

<u>Name of Meet</u>	<b>PIRATE SWIM CLUB PRESENTS</b> <b>NEW JERSEY SWIMMING'S</b> <b>Senior State Championships 2009</b> <b>AT SETON HALL UNIVERSITY in SOUTH ORANGE, NJ</b>
<u>Meet Sanction #:</u>	Sanction by New Jersey Swimming: #NJS#022009SC
<u>Date of Meet:</u>	Friday, Saturday, and Sunday, February 20, 21 and 22, 2009
<u>Location:</u>	Seton Hall University's 8 lane, 25-yard pool, equipped with a Colorado Timing System.
<u>Meet Director:</u>	Brian Ippolito, Meet Director, 368 Northfield Avenue, West Orange, NJ 07052 Phone: 973-669-8484 E-mail: <a href="mailto:brian.ippolito@verizon.net">brian.ippolito@verizon.net</a>
<u>Meet Referee:</u>	John Ciulla, 973-822-1437, <a href="mailto:ciulla.john@gmail.com">ciulla.john@gmail.com</a>
<u>Meet Marshall</u>	Marvin Navata, 973-669-0987, <a href="mailto:Guwapo1Ako@aol.com">Guwapo1Ako@aol.com</a>
<u>Entry Coordinator:</u>	Brian Ippolito, Meet Director, 368 Northfield Avenue, West Orange, NJ 07052 Phone: 973-669-8484 E-mail: <a href="mailto:brian.ippolito@verizon.net">brian.ippolito@verizon.net</a>
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> <li>• Team entries will not be considered as <u>accepted</u> unless the waiver and entry fees have been received.</li> <li>• Entry Deadline Date: <b>Wednesday, FEBRUARY 11, 2009</b></li> <li>• Mail Entries to: <b>Brian Ippolito, Meet Director, 368 Northfield Avenue, West Orange, NJ 07052</b> E-mail: <a href="mailto:brian.ippolito@verizon.net">brian.ippolito@verizon.net</a></li> <li>• If you are not e-mailing your entries, then overnight or express mail is recommended, <b><i>but waive the signature.</i></b></li> <li>• It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an e-mailed entry.</li> </ul>
<u>Meet Format Waiver</u>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be:</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time frame.</li> </ul> <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) to condense sessions and 4) eliminate relays.</p>
<u>Internet Website Posting:</u>	There is no official website for this meet. Meet Information, Warm-up Assignments, Timing Assignments will be e-mailed and posted at: <a href="http://www.njswim.org">www.njswim.org</a> All information concerning this meet will be e-mailed to all participating clubs.
<u>Meet Requirement Statement:</u>	This meet qualifies as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey National Championship Reimbursement.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> <li>• All coaches "on the deck" must be members of USA Swimming.</li> <li>• Coaches must have coaching card visible at all times while on deck.</li> <li>• Coaches must have a visible coach's card when entering hospitality area or when asking for food at concessions.</li> </ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet.</li> <li>• All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays.</li> <li>• This is a New Jersey Swimming Championship Meet; only New Jersey Swimming athletes may enter and compete in this meet.</li> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation.</li> <li>• All Unattached swimmers must be listed on the team's official waiver entry form.</li> </ul>

	<ul style="list-style-type: none"> <li>• A participant in the Junior State Championship Meet is ineligible to participate in the Senior State Championships</li> <li>• New Jersey Swimming only allows swimmers to compete in 3 individual events per day.</li> <li>• New Jersey Swimming &amp; Pirate Swim Club will also be hosting “The Swimskin Invitational” at this site on Friday, Saturday &amp; Sunday February 20-22. This meet will be conducted after timed finals on Friday’s session and after prelims for Senior States has concluded and prior to warm-ups for finals for Senior States on Saturday and Sunday. Swimmers are eligible to be entered in both meets but may only participate in 3 total events (excluding finals) between the two meets. Entries for The Swimskin Invitational will not be officially accepted until the Senior State Championships are closed and a timeline is established. The Swimskin Invitational will conclude at Senior States warm-up and events that have not been swum will be cancelled with the entry fees for those events refunded.</li> </ul>
<b>Meet Schedule:</b>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance to 2009 USA Swimming Rules.</li> <li>• This meet will be run as a prelim and final meet with bonus, consolations, and final heats with the exception of the 500 Free, 400 IM, 1000 Free and the 1650 Free which will be timed final events.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.</li> </ul>

**Meet Schedule:**

<b>Friday, February 20<sup>th</sup>, 2009</b>	<b><u>Building will not open until 4:00 pm</u></b>	
Session #1 –500 Free & 400 IM	Warm-up: 4:15-5:15 p.m.	Meet Starts: 5:20 p.m.
<b>Saturday, February 21<sup>st</sup>, 2009</b>	<b><u>Building will not open until 6:45 am</u></b>	
Session #2 - Prelims	Warm-up: 7:00-8:00 a.m.	Meet Starts: 8:15 a.m.
Session #3 - Saturdays’ Finals	Warm-up: 6:00p.m.	Meet Starts: 7:00 p.m.
<b>Sunday, February 22<sup>nd</sup>, 2009</b>	<b><u>Building will not open until 6:45 am</u></b>	
Session #4 – Prelims	Warm-up: 7:00-8:00 a.m.	Meet Starts: 8:15 a.m.
Session #5 – Finals	Warm-up: 6:00p.m.	Meet Starts: 7:00 p.m.

<b><u>Warm-up Procedures:</u></b>	<p>All teams must be given a minimum of thirty minutes of warm-ups.</p> <ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• New Jersey Swimming officials will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> <li>• The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes.</li> </ul>
<b><u>Entry Times:</u></b>	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time.</li> <li>• All entry times must be in short course yards.</li> <li>• All entry times must meet the minimum standard for Senior States as approved by NJ Swimming and recited within Order of Events Section</li> </ul>
<b><u>Check-In:</u></b>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle.</li> <li>• All distance events will have a positive check-in that will be posted at the scoring table or the control room.</li> </ul>
<b><u>Starts:</u></b>	<ul style="list-style-type: none"> <li>• ‘Fly-over’ or ‘Over-the-top’ starts will be used.</li> </ul>
<b><u>Distance Events</u></b>	<ul style="list-style-type: none"> <li>• The 1650/1000 Freestyle events will be run fastest to slowest.</li> <li>• The 1650/1000 Freestyle events will alternate women and men. Heats will be combined to consolidate a heat if necessary.</li> <li>• <u>The 1650/1000 Freestyle events will be limited to the fastest 24 swimmers entered in each event.</u> Any swimmer who does not make the cut will have the option to be refunded their entry fee or enter another event, providing they have the necessary qualifying time</li> </ul>

	<ul style="list-style-type: none"> <li>Swimmers must have their own timer and person to count.</li> </ul>
<u>Scoring:</u>	Team scoring will be kept. 8 Lane Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
<u>Awards:</u>	<ul style="list-style-type: none"> <li><u>MEDALS</u> will be awarded to the top 8 individuals in each event.</li> </ul>
<u>Entry Fees:</u>	<ul style="list-style-type: none"> <li>Individual Entry Fee: \$5.00</li> <li>Make checks payable to: <b>PIRATE SWIM CLUB</b></li> </ul>
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> <li>Admission will be \$6.00 for prelims.</li> <li>Admission for finals will be \$3.00.</li> <li>Cost of Program will be \$10.00 for the entire meet.</li> </ul>
<u>Entries:</u>	<ul style="list-style-type: none"> <li>In accordance with NJS policy, team entries may be submitted by E-mail to: <a href="mailto:brian.ippolito@verizon.net">brian.ippolito@verizon.net</a></li> <li>All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail.</li> <li>The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.</li> <li>An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry.</li> <li>Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> </ul>
<u>Results:</u>	<ul style="list-style-type: none"> <li>All Teams are asked on the meet Summary whether they want results mailed or e-mailed.</li> <li>Results can be ordered from the admission table. For a cost of \$10.00</li> </ul>
<u>Host Club Responsibilities:</u>	<p>The host club responsibilities:</p> <ul style="list-style-type: none"> <li>The host club will provide a single timer in each lane through out the meet.</li> <li>The host club will have stopwatches available for volunteers helping to time.</li> <li>The host club will e-mail all club entries back to the participating clubs.</li> <li>The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 72 hours before the meet.</li> <li>The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 72 hours before the meet.</li> </ul>
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> <li>Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 72-hours prior to the meet.</li> <li>Participating club parents must stay off the pool deck except for timing assignments.</li> <li>Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary. Any of your club's officials that can help with officiating should contact John Ciulla at 973-822-1437. Their assistance will be greatly appreciated. Please list a contact person for officials on your meet summary.</li> </ul>
<u>Concessions:</u>	Food and Beverages will be available at reasonable costs.
<u>Vendor:</u>	<b>Swimskin</b> will be selling merchandise on Saturday and Sunday.
<u>Directions:</u>	<b>From the Garden State Parkway North or South take exit 145 to Rt. 280 West to the Day St. exit. Come Up the ramp and go through the 1<sup>st</sup> light and the make 2 consecutive lefts and then the 1<sup>st</sup> right, Center St. Proceed straight for approximately 1.8 miles. This will bring you to South Orange Avenue. Proceed directly across to the main gate of the University. The 1<sup>st</sup> large building on the left is the Recreation Center. Park in the vicinity and enter the building from the front.</b>

**SENIOR STATE CHAMPIONSHIPS 2009**  
**ORDER OF EVENTS**

**FRIDAY, February 20<sup>th</sup>, 2009**

Session #1 Warm Up: 4:15pm. Split Warm-ups: two 30 minute warm-ups divided by teams.  
There will be 8 one way lanes. Session Start Time: 5:20pm

<u>Girls Evt. #</u>	<u>Time Standard (equal to or faster than)</u>	<u>Event</u>	<u>Time Standard (equal to or faster than)</u>	<u>Boys Evt. #</u>
#1	5:42.89	500 yd. Freestyle*	5:22.89	#2
		10 minute warm-up		
#3	5:05.39	400 yd. Ind. Medley*	4:43.89	#4

\* These events are timed finals.

**SATURDAY, February 21st, 2009**

Session #2, Warm Up: 7:00 a.m. Split Warm-ups: two 30 minute warm-ups divided by teams.  
There will be 8 one way lanes. Session Start Time: 8:15am

Session #3, Saturdays' Finals - Warm-up: 6:00pm, Meet Starts: 7:00 pm

<u>Girls Evt. #</u>	<u>Time Standard (equal to or faster than)</u>	<u>Event</u>	<u>Time Standard (equal to or faster than)</u>	<u>Boys Evt. #</u>
#5	58.19	100 yd. Freestyle	53.29	#6
#7	1:17.39	100 yd. Breaststroke	1:10.89	#8
		10 minute warm-up (if necessary)		
#9	2:26.49	200 yd. Backstroke	2:12.19	#10
#11	1:05.69	100 yd. Butterfly	1:02.29	#12
		10 minute warm-up (if necessary)		
#13	2:23.69	200 yd. Ind. Medley	2:19.69	#14
		10 minute warm-up		
#15	12:10.39	1000 yd. Freestyle*	11:36.39	#16

- Top 24 swimmers will qualify for Finals. Scratch Rule Deadlines will be enforced!
- The 1000 yd. Freestyle is a timed final event and will be swum fastest to slowest alternating girls and boys. The 1000 Freestyle events will be limited to the fastest 24 swimmers entered in each event. There will be a positive check-in at the control desk. Heats will be combined if necessary.
- \* These events are timed finals. \* Swimmers must furnish their own timers and counters.

**SUNDAY, February 22nd, 2009**

Session #4, Warm Up: 7:00 am. Split Warm-ups: two 30 minute warm-ups divided by teams.  
There will be 8 one way lanes. Session Start Time: 8:15am.

Session #6, Sunday's Finals - Warm-up: 6:00pm, Meet Starts: 7:00 pm

<u>Girls Evt. #</u>	<u>Time Standard (equal to or faster than)</u>	<u>Event</u>	<u>Time Standard (equal to or faster than)</u>	<u>Boys Evt. #</u>
#17	26.69	50 yd. Freestyle	24.29	#18
#19	2:45.19	200 yd. Breaststroke	2:30.29	#20
		10 minute warm-up (if necessary)		
#21	2:07.19	200 yd. Freestyle	1:56.29	#22
#23	1:07.09	100 yd. Backstroke	1:03.09	#24
#25	2:24.39	200 yd. Butterfly	2:10.09	#26
		10 minute warm-up		
#27	19:30.09	1650 yd. Freestyle*	19:00.09	#28

- Top 24 swimmers will qualify for Finals. Scratch Rule Deadlines will be enforced!
- The 1650 yd. Freestyle is a timed final event and will be swum fastest to slowest alternating girls and boys. The 1650 Freestyle events will be limited to the fastest 24 swimmers entered in each event. There will be a positive check-in at the control desk. Heats will be combined if necessary.
- \* These events are timed finals. \* Swimmers must furnish their own timers and counters.